

# **Simple Gadgets that have made Erectile Dysfunction Drugs a Thing of the Past for Many Men**

By

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It seems these days you can't turn on a TV, open e-mail or browse the Internet without being hit by ads for all manner of "lotions and potions" to enhance male sexual function and responsiveness or remedy Erectile Dysfunction. On one hand there are the FDA approved drugs like Viagra® and Cialis®, whose active chemical compounds have been proven to work in various clinical studies. These drugs are pricey and not without risk in some users. Then there that the herbal, amino acid and other pills, tablets and capsules which typically have little scientific validation, but which may actually bolster sexual responsiveness in some men. These are less pricey than the approved ED drugs, but typically require users to swallow pills, tablets or capsules on a daily basis. At the very least this can grow tedious. In addition, the mode of action and long term use safety of some of the compounds in these formulas is in many instances unknown.-Help remedy erectile dysfunction (Impotence).

Fortunately, there is a viable alternative; namely, a handful of ingenious devices or (in technical parlance) "medical appliances" that:

- Help remedy erectile dysfunction (Impotence)
- Maximize sexual pleasure and responsiveness

Here are three which have garnered considerable repute among users for helping remedy ED and for making erections harder and orgasms more intense:

## **Blakoe Ring**

The Blakoe Ring is a deceptively simple piece of technology that has garnered a powerful reputation for helping a great many men counter ED. Invented back in the 1950s by anatomist & physiologist, Dr. Robert Blakoe, the ring in its current incarnation (Mark III Blakoe Ring) is a one-size-fits-all device bearing small alternating copper and zinc plates along the inner ring (The part in contact with the wearers genitals). It purportedly works by increasing blood flow to the male penis via a combination of direct mechanical support plus a small electric charge generated by the zinc-copper plates (Thermocouple effect). The exact mechanism of action is unknown, but it has made its way from questionable novelty to a therapeutic device recognized by medical authorities in both Australia and the EU.

The Mark III Blakoe Ring current sells for \$129.99 USD each. An electrolyte cream designed by Dr. Blakoe to complement the ring's electrodynamic activity is also available for \$37.99 (2007).

The official Blakoe Ring website is: [BLAKOE RING HOME PAGE](#)

<http://www.blakoe.com/>

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## **Vacuum Pump & Constriction Ring**

One of oldest, simplest, and generally most cost effective ways to deal with ED is use of a penis pump and constriction ring ("Cock Ring"). The principle is deceptively simple: The male penis is basically a hydraulic system, which is to say erections are the end result of blood being pumped into spongy penile tissue and then being held in place long enough to achieve sexual satisfaction. When the mechanism fails and cannot be readily remedied by standard medical means, a penis pump can turn the tables on the situation.

In-a-word, the partial vacuum created when air is evacuated from the chamber of a penis pump causes blood to rush into the user's penis and it becomes very turgid. Typically, the user has affixed a constriction band to the base of his penis prior to using the pump. Once the penis is fully engorged, the band keeps the blood from rushing back into the body. The user can now engage in sexual activity including coitus. There is one restriction that applies, however: The band must not be left in place more than 20 minutes, as this can cause damage to the blood vessels and adjoining tissues.

Want to share what has worked for you - or not? E-mail me at [biotheoretician@gmail.com](mailto:biotheoretician@gmail.com)

And thanks!

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**Dr. Payne has no financial or other commercial interest in any of the products mentioned in this article.**

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